

ANTI-BULLYING PLAN: 2023

Springwood Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Springwood Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Links	Behaviour code for students - click on the link for NSW DoE Behaviour Code.
Daily/Weekly	Class and School rules established and discussed in classes. Circle time daily.
Weekly	Stage Assemblies - Caught You Bee-ing Good awards for K-4, Good News Awards 4-6.
Monthly	Star Student Assembly. Termly - Honour Assembly Yearly (Term 4) Celebration Assembly

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1 SDD	Code of Conduct and all Mandatory requirements
Term 1 Week 5	Growth Mind Set - Smiling Minds modules
Term 2	Choice Theory review and update. Bounce Back update.
Term 3 & Weekly	Learning Support meetings are utilised to discuss patterns and trends of behaviour within the school

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- information is provided in a handout to staff when they enter on duty at the school with each classes management plan included
- an executive staff member speaks to new and casual staff when they enter on duty at the school
- the principal speaks to new executive staff when they enter on duty at the school as part of the induction process.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website.

- ☒ School Anti-bullying Plan ☒ NSW Anti-bullying website ☒ Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Parent meeting i.e P&C, parent/teacher night - Defining student bullying and school supports
Ongoing	School website, school newsletter - Bystander behaviour
Ongoing	Staff meet and discuss with parents when required

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

At Springwood Public School we reject all forms of bullying.

Being Safe, Respectful and Engaged Learners are ideals embedded across the school.

The PDHPE curriculum addresses personal safety, resilience, help-seeking and protective behaviours, which are taught each year across all grades. We have a comprehensive Learning Support Team which guides and supports all our staff and students.

The school participates in Harmony Day, Bullying No Way Day, Restorative Practices, R U Ok day and Kindergarten buddies program, to name a few, all of which align with the PDHPE curriculum and promote positive behaviour and student wellbeing.

We also run the following programs through our Student Welfare program which guides and supports all our students: Smiling Minds, Circle Time, Choice Theory, Playground Support Program and Extra Curricular groups, to name a few.

Completed by: All Staff of Springwood Public School

Position: Principal, Executive, Teaching and Support Staff

Signature: Signed - M.Mehmet

Date: 17/07/23

Principal name: Mehmet Mehmet

Signature: Signed - M.Mehmet
17-07-23

Date: 17/07/23