



Springwood Public School

THE PLACE TO BE!



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Follow us on Twitter - @SPS_placetobe

Springwood Public School 2021

Walk-A-Thon

Date: Friday 28th of May

Our annual walk-a-thon is a fun and fit activity for kindergartners through to sixth-graders, with all children reaching for their personal best distance. Students set realistic lap goals based on age and development and each student will receive a certificate of participation.

This year, our goal is to help the school to raise at least \$15,000 to update our Mobile Lab computers. Each stage has set a goal that they are trying to collectively achieve with students' combined distances.

Years 5 and 6 – Walk the Great Dividing Range!

Students will start at 9:30am and continuing through until 3:15pm (Early birds began at 8:30am) The Distance being, the length of the Great Dividing Range which is about 3500 km.

Years 3 and 4 – Walk to Great Barrier Reef

Students will start at 10:30 and walk until the stage has reached its goal of The Great Barrier reef (about 1350km)

Years 1 and 2 – Dubbo Zoo

Students will walk in the mid and afternoon sessions, trying to walk the distance from Springwood to Dubbo Zoo (341 km)

Kindergarten – Taronga Zoo

Students will walk in the mid session, trying to walk the distance from SPS to Taronga Zoo, Via Featherdale Wildlife Pk and back to Springwood (about 180km)

All students in our Special Education Support classes will join in with their Stage Groups.

Whilst we are calling this a walk-a-thon, children will in fact be encouraged to jog some of the way as well, covering as much distance as they can in their allotted time.

Thank you very much for your participation!



Walkathon Guidelines

1. Students may start collecting donations as soon as they receive the sponsorship sheets. **Reminder: Sponsorship sheets need to be returned on walk-a-thon day.**
2. While we encourage children to approach friends and family, and you could approach work colleagues, please do not let your child go door to door. We want this to be a positive learning experience and a fun fitness activity so let's keep the children safe at all times!
3. Sponsors need to write their name, amount per lap or a donation amount. Students may collect the donations in advance but must keep contributions until all are collected.
4. On walk-a-thon day, each class will complete laps of our supervised track. Each lap is approximately 800m. Each participant will be issued a "lap card," which will be stamped each time the student reaches the starting point, thereby keeping track of the number of laps completed.
5. Upon completion of the walk-a-thon, students will hand in their lap cards. Teachers will record each student's lap total on their sponsorship sheet and return it. Students may then collect outstanding donations. **Please return sponsorship sheets with the money to school by Friday, 18th June.**
6. Students will be able to walk or jog (most likely a combination of the two), depending upon their fitness level. We are encouraging students to pace themselves so they can cover as much distance as possible.

What to bring:

Wear school sports uniform and joggers. Bring plenty of water as well as a hat and sunscreen. In the event of wet weather, something warm and dry to put on at the end of the day is a good idea. **Children with asthma must carry their puffers.** Regular First Aid will be provided all day long as well.

We look forward to all our participants having a great time!

How can you help?: Apart from helping your child raise money safely, we require parent helpers (or grandparent helpers!) for every grade to stamp off laps as children pass through a checkpoint.

For questions or concerns, or to volunteer, please contact your child's classroom teacher.

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2021 Springwood Public School Walkathon

Parent Volunteer Form (Please return to classroom teacher)

I would like to assist on walk-a-thon day by manning a checkpoint. I would like to help on a checkpoint for year ____ OR stage ____ .

Name _____

Child's Name _____



WALKATHON PRIZES!

1st Prize for the most funds raised by one student!

\$200 JB HiFi Voucher

2nd Prize for second highest amount of funds raised!

\$100 JB HiFi Voucher

3rd Prize for third highest amount of funds raised!

\$50 Turning Page Bookshop Voucher

Plus a \$20 Turning Page Book Voucher for the student with the highest amount raised in each class AND a Pizza Lunch for the highest class amount raised!

GOOD LUCK EVERYONE!



Springwood Public School – The Place To Be!

It's time for the Annual Springwood Public School

WALK-A-THON

Friday 28th May, 2021

First Name: _____ Last Name: _____ Class: _____

Number of laps completed: _____

Dear Potential Sponsor,

I am participating in the Springwood Public School Walk-A-Thon. All proceeds will help raise least \$15,000 to update our Mobile Lab computers. You can sponsor me for an amount per lap and can name a maximum amount that you are willing to contribute. After the walk-a-thon, I will return to tell you how many laps I walked and collect your contribution.

Thank you!

Name of Sponsor	Pledge per Lap (Example: 50c)	Maximum Pledge	Set amount pledge	Amount Collected from Sponsor
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

PLEASE PRINT MORE IF REQUIRED. COPIES AVAILABLE IN OFFICE AS WELL.

Participants: Please bring this form to your classroom on the walk-a-thon day so your teacher can record how many laps you have completed.

If you have already collected all of your money because your sponsors are giving you a set amount rather than money for each lap, you may bring in your money and completed form on walk-a-thon day. All money collected must be returned by Friday 18th of June when all prize winners will be announced.